

# FROM OUR HOME TO YOURS

March/April 2020



Spring is the time of rebirth and new things and so at Mrs. Bush's we are excited about new ideas, new events, and a refresher in our daily routine.

With spring comes the welcoming of flowers, birds, and warm weather. Again, this year Mrs. Bush's will enjoy planting a garden, watching and releasing butterflies, and going on many outings.

Thank you for the opportunity to share our home news with you!

## **NEW MONTHLY RESIDENT CONTESTS**

Each month residents will be able to participate in a new friendly competition and fun. Some contest may include facility wide scavenger hunts, trivia or puzzles. Have fun and GOOD LUCK!!!

**MARCH CONTEST:** Guess the # of gold nuggets at the end of the rainbow. Submit your guess in the West Annex from March 10<sup>th</sup>-March 16<sup>th</sup>. Winner will be announced at our St. Patrick's Day Social on March 17<sup>th</sup>.

**APRIL CONTEST:** Easter Egg Hunt Bingo- Grab a bingo card and each day hunt for the Easter Eggs that have the daily Bingo numbers. The first 3 residents that win bingo will win an Easter Prize pack! Contest will begin on 3/30!

## **NEW Lifelong Learning Sessions**

During our recent Activity Survey it was requested that we offer more lifelong learning opportunities. Lifelong learn is a great way to keep your mind sharp and is a great addition to our activity programming. These sessions will be with guest speakers in the home on a month basis. Each month we will have different speakers that will cover a wide range of topics. If you have a particular topic you would like to learn more about, please let some in the activity dept know!

**March 31<sup>st</sup> at 2pm:** The Quiet Valley Living Historical Farm presents "*PA German Celebrations and Superstitions Throughout the Year!*" When the Pennsylvania-Germans came to America, they brought their customs and traditions with them. This hour-long talk will cover their calendar from New Year's Day to Christmas and participants will learn about common agricultural superstitions and how these impacted the daily life of the people. You may be surprised to discover how many Pennsylvania-German traditions we still celebrate today!

**April 21<sup>st</sup> at 2pm:** The Monroe County Conservation District presents "*The Poconos Naturally.*" A great introductory program to the diversity of plants and animals in the Poconos.

## Daily Announcements

Each morning the activity staff announces the daily activities over our overhead speaker. This information can also be found on the TV located in the café area and it is also re-announced during the lunch time meal.

In addition to our daily activity programs, some days we announce informational tidbits or special days. Information for the days can also be found on the TV in café. On many of our special days we also have additional programs running in the west annex that are not located on the main activity calendar, so please be sure to check the TV café each day for special information!!!

Like M&M day on March 21<sup>st</sup> and Rosie the Riveter Day on April 9<sup>th</sup>!

## From the Kitchen

### NEW ITEMS ADDED TO THE MENU

- French bread pizza
- Homemade crab cakes
- Breakfast for supper!!!!



### Easter Sunday Meal: April 12<sup>th</sup>

We appreciate the courtesy of advanced notice for planning and food ordering purposes. It is important for us to know if a resident is going out and if so, the approximate time and whether a light lunch is needed prior to going out. Guest reservations are available on a first come, first serve basis, **10 days** prior to the Holiday. Due to the capacity of our main dining room, we will limit the number of guests per resident to 4 guests. Under special circumstances, we may make adjustments. In the past we have had to call a majority of the families to find out their meal plans. This year we will not be making phone calls, all reservations will need to be made thru the office. If we do not hear from your family, we will assume the resident will be staying in for the holiday with no guests arriving. Once our dining room capacity is met we will not be able to accept additional reservations.



It's March 17<sup>th</sup> and you know  
what that means  
Shamrocks, leprechauns,  
pot o' gold of your dreams.  
We're planning a social, you'll  
want to be here  
For a bit of malarkey and lots of green  
beer (or soda!)

Please join us on

### **Entertainment**

Light refreshments will be served at each event.

Mar. 13<sup>th</sup> 2pm: \*NEW\* Jump Start Duo

Mar. 20<sup>th</sup> 2pm: Song Styles by Cindy

Mar. 24<sup>th</sup> 2pm: Sing Along w/ Shep

April 3<sup>rd</sup> 2pm: Kris Phiphany

April 9<sup>th</sup> 2pm: Gessie Duo

April 17<sup>th</sup> 2pm: The Sidekicks

### **Children's Easter Egg Hunt** **March 28<sup>th</sup> at 10:45am**

All children are invited  
to our annual indoor  
Easter Egg Hunt.



Families should RSVP by March 24<sup>th</sup> 610-



**May 2<sup>nd</sup>: Mother's Day Celebration**

**June 13<sup>th</sup>: Father's Day Celebration**

## **PEER** Pennsylvania Empowered Expert Resident

This program was developed by the State of Pennsylvania and is being implemented by the Monroe County Area Agency on Aging. We are proud to have PEER in our home and we are currently looking for more residents who are interested in joining.

State certified ombudsman, Bernadette, teaches residents residing in Mrs. Bush's PCH about their rights and how to advocate and maintain their rights for themselves and their fellow peers. Residents are taught how to work with facility staff to enhance their quality of care and life for all residents. Self-resolution and empowerment are themes consistently emphasized in all statewide trainings. Our PEER program are trained leaders of our home and they provide programs including welcoming committee and monthly socials.

If you are interested in being trained and becoming a PEER member, see Carrie!